

HEALTH Q & A

1. Family History:	<u>Living</u>	<u>Deceased</u>	<u>Medical Problems/Cause of Death</u>
Father	age _____	age _____	_____
Mother	age _____	age _____	_____

2. **Do you smoke?** No Yes. If yes are you interested in quitting? No Yes Maybe. **If yes, how many cigarettes a day do you smoke?** ___ **Do you smoke every day?** No Yes. **How soon after you wake up do you smoke?** 5 minutes 6-30 minutes 31-60 minutes after 60 minutes. **Do you chew?** No Yes, _____ cans per day; how long have you used tobacco products _____years _____months. **If you currently do not smoke, have smoked in the past?** No Yes; **if yes, how long has it been since you last smoked?** _____

3. **Have you EVER used marijuana?** No Yes, if yes how frequently? Often Occasionally Rarely & date of last use? ____/____/____. *Honesty is the best policy.*

4. **Have you EVER used meth?** No Yes, if yes how frequently? Often Occasionally Rarely & date of last use? ____/____/____. *Honesty is the best policy.*

5. **Have you EVER used any other illegal drugs?** No Yes, if yes how frequently? Often Occasionally Rarely & date you last used them? ____/____/____. What types have you tried? _____. *Honesty is the best policy.*

6. **Do you drink alcohol?** _____ times daily _____ times weekly Occasionally Never

7. **Are you married?** No Yes Divorced Widowed

8. **Do you have children?** No Yes; How many _____

9. **What is your education level?** Highest grade completed? ____ GED? Some college Graduated College

10. **Are you working?** No Yes, if yes Full-time Part-time, Occupation _____

11. **Are you receiving disability compensation?** No Yes **If no, do you plan to pursue disability compensation** No Yes

12. **Do you exercise** No Yes, If yes how often Daily 3-5 days per week 1-2 days per week

13. **Have you ever worked around metal/welding?** No Yes, If yes, have you had metal in your eyes?__

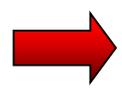
14. **Have you traveled outside the United States?** No Yes **When?** _____ **Where?** _____

15. **My sleep is** Poor Fair Good

16. **Please check any of the following that apply**
- | | | |
|---|--|---|
| <input type="checkbox"/> Frequent awakenings from sleep | <input type="checkbox"/> Snoring | <input type="checkbox"/> Difficulty in sleeping |
| <input type="checkbox"/> Non-refreshing sleep | <input type="checkbox"/> Confusion | <input type="checkbox"/> Thrashing about during sleep |
| <input type="checkbox"/> Restless legs | <input type="checkbox"/> Restlessness during sleep | <input type="checkbox"/> Impaired memory/intellectual function |
| <input type="checkbox"/> Excessive daytime sleepiness | <input type="checkbox"/> Morning headaches | <input type="checkbox"/> Witnessed breathing cessation during sleep |
| <input type="checkbox"/> Fall asleep while driving | | |

17. **Have you ever had a sleep study done?** No Yes, if yes...
When? Past 12 months _____ **Where?** OMC Other _____
Do you use a CPAP machine? No Yes

18. **How did you FIRST hear about us (before going to your doctor)?** Radio _____
Horse Trader Billboards Newspaper _____ Physician Word of Mouth Other _____



OVER PLEASE

Please mark any of the following that you are experiencing NOW ...

Constitutional

- recent change in overall health
- recent weight gain? Lbs _____
- recent weight loss? Lbs _____
- loss of appetite
- fever
- weakness
- fatigue
- insomnia

Ophthalmology

- blurred vision
- itchy eyes
- eye pain
- glaucoma
- use of eye glasses
- use of contact lenses
- dry eyes

HENT

- diminished hearing
- ear fullness
- runny nose
- nasal congestion
- sinus congestion
- seasonal allergies
- environmental allergies
- difficulty swallowing
- dry mouth

Cardiovascular

- dizziness
- chest pain
- arm swelling right left
- leg swelling right left
- cool extremities
- irregular heart beat

Respiratory

- smoking
- chest pain
- difficulty breathing
- wheezing

Gastrointestinal

- nausea
- vomiting
- heartburn
- abdominal pain
- diarrhea
- constipation
- blood in stool

Musculoskeletal

- muscle cramps
- joint pain
- joint swelling
- joint stiffness

Integumentary/Dermatology

- rash, where? _____
- itching, where? _____
- irregular moles
- irregular lumps

Neurology

- arm weakness right left
- leg weakness right left
- numbness/tingling
- seizures
- memory loss
- tremors
- headaches
- migraines

Psychiatric

- depression
- high stress level
- hallucinations
- history of physical abuse
- history of sexual abuse
- weird dreams
- suicidal thoughts

Endocrine

- excessive sweating
- excessive thirst
- excessive urination
- cold intolerance
- heat intolerance
- diabetes, range of levels _____ to _____

Hematology/Lymphatic

- abnormal bruising
- abnormal bleeding
- varicose veins
- enlarged lymph nodes

Female Genitourinary

- sexually active
- diminished sexual drive
- menopause
- irregular menstrual cycles
- difficulty urinating

Male Genitourinary

- sexually active
- difficulty with erection
- diminished sexual drive
- impotence
- difficulty urinating

Are you claustrophobic (during MRI)* No Yes

Previous Therapies NO PREVIOUS THERAPY

- TENS with benefit without benefit
- Chiropractic treatment with benefit without benefit _____ weeks of therapy
- Physical therapy with benefit without benefit _____ weeks of therapy
- Ice/heat therapy with benefit without benefit _____ weeks of therapy
- Home exercises with benefit without benefit _____ weeks of therapy
- Other pain clinic treatment with benefit without benefit (describe below)

PLEASE CONTINUE 

CURRENT Potential Work or Litigation Related Injury? No Yes; if yes, complete the following.

Is pain is due to a potential litigation related injury or event No Yes. Attorney: _____

Is the condition related to employment? No Yes.

Is the condition related to an accident? No Yes. State where incident occurred: _____.

Is the incident related to an automobile accident? No Yes.

Date/time incident occurred: _____. Date of onset of symptoms: _____.

Details of the incident: _____

Your responsibility: Yes No; incident was caused by another party.

Dates unable to work in current occupation: _____.

Dates of hospitalization(s) related to this incident: _____.

Allergies/Reaction **No ALLERGIES**

Surgeries/date/location/physician **No SURGERIES**

Hospitalizations (other than surgeries)/date **No HOSPITALIZATIONS**

Medical History (diabetes, hypertension, etc) **No MEDICAL HISTORY**

I have filled out this questionnaire *completely* and my answers are *truthful* and accurate. If I have any questions about this form, I know to ask the nurse for clarification before signing this form. I understand that filling out this form inaccurately or untruthfully may result in complications in my medical treatment.

Patient Signature: _____

Date: _____

Patient Printed Name: _____

Date of birth: _____